

"2ND PETRINA CUP"

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MALAYSIA RG INTERNATIONAL TOURNAMENT PESTA GIM KUALA LUMPUR EVENT



18th-23rd November 2025

Pulau Pinang, Malaysia.

FINAL PROGRAMME

DATE	TIME	DESCRIPTION
18.11.2025 TUESDAY	7.00am - 9.00am	Accreditation for Young Gem & Carpet Testing (with no music)
	9.00am - 8.00pm	U5, U6, U7, U8
		FH
		<i>Award Ceremony</i>
19.11.2025 WEDNESDAY	8.00am - 7.00pm	Podium Training
	3.00pm	Team Manager Meeting
	5.00pm	Judges Meeting
20.11.2025 THURSDAY	9.00am - 8.00pm	U9, U11
		FH
		<i>Award Ceremony</i>
21.11.2025 FRIDAY	9.00am - 8.00pm	U12, U14, U15, SENIOR
		Opening Ceremony
		<i>Award Ceremony</i>
22.11.2025 SATURDAY	9.00am - 6.30pm	U10, U13B
		FH
		<i>Award Ceremony</i>
23.11.2025 SUNDAY	9.00am - 1.30pm	GROUP EXERCISE PODIUM TRAINING
		U13A
		Group Exercise
		<i>Award Ceremony</i>
	11.00am	Registration Gym For Life
	1.30pm	Rehearsal Gym For Life
	2.30pm - 4.00pm	Competition Gym For Life
24.11.2025 MONDAY		Banquet Dinner
		Departure of delegation